



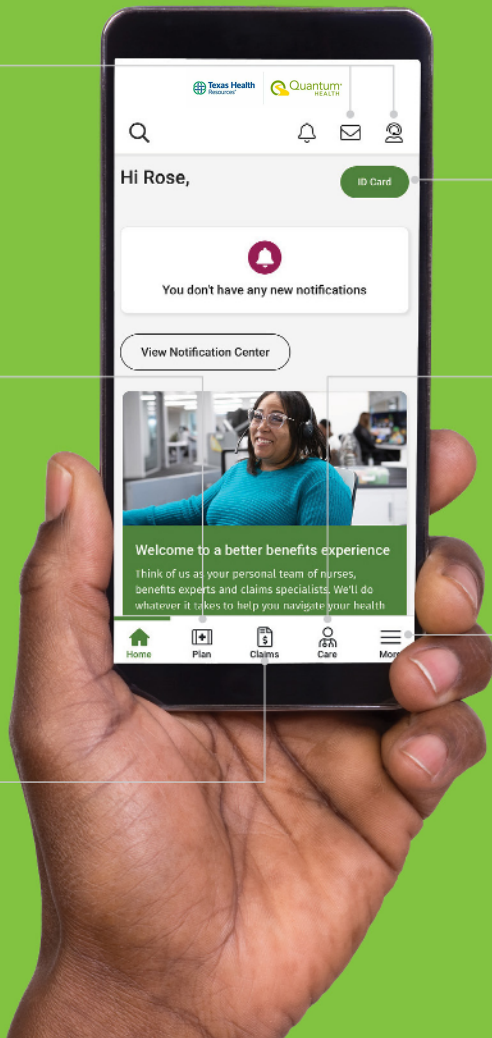
# check out your one app for healthcare and benefits help

Download the Quantum Health app for help with medical claims, benefits, prescriptions and so much more.

Chat with a Care Coordinator and see your secure messages.

Review healthcare costs and see all your benefits.

Get up-to-date medical claims, deductible statuses and healthcare spending information.



View your medical ID card, or add it to Apple Wallet or Google Wallet.

Search for in-network providers and connect with a Care Coordinator.

See everything available in the app.

Download the Quantum Health app.



**Call**  
your Care Coordinators



**Chat**  
in real time



**Send**  
a secure message



**Schedule**  
a call



[myqhresource.com](http://myqhresource.com)

**(866) 885-1493**  
(Monday-Friday, 7:30 a.m.-9 p.m. CT)

