

The Total Health Benefits Program is a flexible benefits plan regulated by federal laws that restrict when you may change your benefit elections. According to these laws, you may request a benefit change during the year only if you have a qualified status change (event) that affects your eligibility or coverage.

Steps to Change Your Benefits

- 1 Learn enrollment details about your qualifying event below
- 2 Make or change your benefit elections online within 31 days of event
- 3 Submit any required supporting documentation within 31 days of event

Questions?

Contact THR Benefits Support at THRBenefitsSupport@texashealth.org or 1-877-MyTHRLink, option 9

Event:	Divorce
Event definition:	A court has finalized your divorce
Election deadline:	You must make your elections online within 31 days of event date.
How to make elections:	Log on to www.MyTHR.org . Select the Benefits tile. Click the Life Change Event section on the left and select "I got divorced". Then, make your applicable benefit changes.
Required documentation:	Finalized divorce decree (1st page and last page showing the finalized divorce date and judge's signature)
Deadline to submit documentation:	You must submit documentation within 31 days of the event date.
Where to submit documentation:	You will need to complete a documentation cover sheet located here . You can scan and email the cover sheet and supporting documentation to THRBenefitsSupport@texashealth.org .
Effective Date:	Ex-spouse's coverage ends the date of the divorce. Premiums changes are effective the first day of pay period following the date you change your benefits online and submit supporting documentation.